



ARYA PRATINIDHI SABHA AMERICA

Congress of Arya Samajs in North America - Established in 1991

224 Florence, Troy, Michigan 48098, U.S.A.

www.aryasamaj.com | info@aryasamaj.com | fb.com/vedicamerica

Class Notes from Bhagvadgita Svadhyaya

September 9th, 2022

Courtsey, Smt. Pooja Prakash

Gita is a compiled version of the teachings in Upanishads, Vedas and other Hindu scriptures with an application of those teachings to the specific events in Mahabharata. Even though Gita is a small part of Mahabharata, it is more popular and more widely known than Mahabharata itself.

There are 5 speakers in Gita - Dhritarashtra, Sanjay, Durdyan, Arjun, and Krishna ji. Others speak early and say the least whereas Arjun and Krishna ji speak later and they cover the most part of the whole Gita. Gita teaches us that we should be a good listener, have patience and the fruit of patience is always sweet.

Ved Vyas ji wrote Gita as a poem and it does not capture the words directly spoken by its characters. This fact should be kept in mind while reading Gita.

The very first "Adhyaya" (Chapter) is about "Vishaad", that is sorrow, and the 18th "Adhyaya" is when Arjun says that his consciousness is back and he is free from "Moh" (attachment). The "vishaad" in our life is because of "Moh". If we get rid of "moh", it will help us get rid of "vishaad" (all the sorrows in the life). Gita does not teach us to fight, but it makes us aware of doing our "Karam" (duty).

Last but not the least, let's read one verse in Gita at a time in the subsequent sessions from the perspective of how we can improve our life from that verse and think about it during the week and not just listen and then forget about it. We will discuss and try to understand what has been discussed and if something is not convincing even after having multiple discussions, we will leave it.

Bhagvadgita Svadyaya led by Acharya Hari Prasad ji
Join Us Every Friday - 6PM - 6:30 PST / 9PM - 9:30 EST
Zoom ID: 871 8516 6788 / Pwd: 224
youtube.com/Aryasamaj | fb.com/AryaAmerica